**Tō Oranga Pai | Living Well Plan**

Tò Organa Pai / Living Well Plan is about you and your goals to live a good life. A good life means different things to different people – it could mean having more support in your home, getting out more, a place to live where your needs are met, finding a job, staying in school or making more friends.

The Plan is yours, created by you and anyone you choose to help you (whanau / family, friends, a caregiver, disability organisation). Our team at Your Way | Kia Roha Connections & Funding can be involved in your Plan, or you can complete it yourself.

Our role is to help you achieve your Plan. Once you have completed the Plan, contact us and we can talk with you about the next steps.

Remember, you only need to share what you want to share – but the more our team knows about you, the easier it will be to connect you to the right supports, find the resources, support, equipment or information you need.

**Ideas to Help You Plan**

Included in the Plan are ideas that may help you think about what Living Well means for you / your whanau. These ideas can help you to -

* focus on what your life could look like with the right support. Support might be people, equipment or information,
* identify what you need so we can connect you with the right support,
* decide what you want from disability services, and when and how you want them to be in your life,
* know what you would do if your life changes,
* know what is most important to you. Sometimes there isn’t enough funding to achieve all your goals at once.

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| Who does this plan belong to? |
| Person’s name |
| Who is involved in developing this plan? |
| People’s names and roles in your life |

**Taku Korero|My Story**

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| Who I am and what is important to me |
| **Here are some things to think about**:What are my hopes and aspirations for my life?Who is important to me in my life?What makes me who I am?What do I like to do?What makes me happy?What do I do with my days and evenings? |
| Text |
| What needs to change, if anything to do more of what I love and help me live a good life? |
| Some ways to find what you may like to change could be to look at:What is working well for me?What would I like to do more of?What would I like to do less of?Is there anything I would like to change? |
| Text |
| What are the most important changes, if I can’t have everything, where would I like to start? |
| Text |
| What help do I need to make those changes? |
| Text |
| What would help me make the changes I want to make? |
| Text |
| How much do I want to arrange supports myself or how much do I need help arranging it? |
| Text |

**Nga mahi ka whai ake|Next Steps**

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| When and how should the Connections & Funding team check with me about my plan? |
| Text |
| How best to contact me? |
| Text |

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| I have completed this plan / been involved in completing it  |
| Name |
| Signature |
| I agree my Tò Organa Pai / Living Well Plan can be shared with the Your Way | Koa Roha Connections & Funding team so they can help me achieve my goals  |
| Name |
| Signature |